

Job title:	Seeking Safety Project Worker
Hours	2 days i.e. 15 hours per week
Salary	€16,140.40 for 15 hours per week i.e. pro rata of €40,351 applies.
Location:	Ruhama Dublin 2 offices.
Reports to:	Seeking Safety Ireland Manager
Purpose:	To work within and support Ruhama in delivering the established Seeking Safety Programme on both an individual and group basis.

Background

The Seeking Safety Ireland is a peer-informed project which is funded by the Department of Health via the HSE Dual Diagnosis Programme. Ruhama, in collaboration with other partners and as part of a wider Governance Group is committed to implementing and expanding a cross sectoral, interagency, co-produced Irish adaptation of the Seeking Safety model to support a hard-to-reach cohort of people who experience both mental health challenges and substance use issues, paying particular attention to those experiencing domestic, sexual and gender-based violence. Research has shown both internationally and here in Ireland that co-production, co-delivery and a fully integrated approach is the most beneficial way to support individuals.

Seeking Safety works from the premise that people who have dual diagnosis of PTSD and Substance Use are more likely to engage in less safe drug and alcohol using activities and veer towards poly drug use. They can experience a variety of life challenges. Also, they may be unlikely to have the skills to create the safety they need from the impacts of trauma to reduce and the need for substance use to decline.

Seeking Safety Project Worker

The Project Worker will be trained in delivering the Seeking Safety programme and so will not need to know about how to run it in order to apply for this post. This individual will be responsible for delivering the Seeking Safety programme on an individual and group basis in collaboration with the Seeking Safety Peer Support Worker and at times with colleagues from the Seeking Safety Ireland Partner Organisations.

The Role

The Seeking Safety Project worker will be based in their host organisation location. The Seeking Safety Project worker will work directly with participants impacted by trauma, dual diagnosis of substance use and mental health challenges to engage in a facilitated psycho-educational programme based on the evidenced-based Seeking Safety programme. The successful candidates will work within their agency partner and also work with Seeking Safety Project workers across the other agencies in the development and roll out of a Seeking Safety Model designed to support an Irish population. The successful candidates will also be required to deliver reports on their work to their own agency and to the Seeking Safety Ireland Manager.

The Project worker will

- Recruit and assess the readiness of participants to engage in the programme.
- Co-facilitate the programme with participants impacted by dual diagnosis in a group setting in partnership, with the SSI Peer Support Worker.
- Create an effective recovery support plan with each participant over the course of their engagement in the programme, keeping appropriate records.
- Engage with supervision and reflective practice.
- Ensure that a safety plan exists for each participant, identifying and supporting access to appropriate supports as required to support successful completion of the programme.
- Review, reflect and record the outcomes with each participant.
- Review and critically reflect outcomes and learning to share with relevant stakeholders.
- Report to Seeking Safety Ireland Manager on progress and outcomes and work in collaboration, as per the Seeking Safety model for effective case work with each participant.
- Apply learning to practice ensuring that Seeking Safety as a model is sustainable, transferable, process and outcomes focused.
- Work as part of the team within Ruhama, if required, to assist with other work that may emerge in your time as a Project Worker.
- Have the capacity to ensure an inclusive, empathic, confidential and safe environment for people accessing the programme.
- Maintain and manage all Seeking Safety project data and report on all statistics required within specified timelines.

Essential Criteria

- Degree (Level 7) in Social Care/Social Policy/Social Work/Addiction/ Community and Youth Work and or equivalent.
- 3 years direct experience working with people in addiction and/or mental health challenges.
- Direct and demonstratable group facilitation experience and skills.
- Experience of working with people who have been impacted by the dual diagnosis of addiction and mental health.
- Experience of designing and delivering a group process and experience of bringing a group to its conclusion including reviewing and critically assessing process and outcomes.
- Excellent interpersonal and communication skills.
- A team player who has experience of efficient and accurate computer/recording skills.

Other

- Willingness to successfully complete Seeking Safety training.
- Availability for flexible rostered working hours is essential.
- Garda Vetting will apply.

The above job description is not intended to be a comprehensive list of all duties involved and consequently, the post holder may be required to perform other duties as appropriate to the post which may be assigned to him/her from time to time and contribute to the development of the post while in office.

Ruhama is an equal opportunities employer