

DIGITAL LITERACY RESOURCES

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NALA Level 1 Using Technology [Courses \(nala.ie\)](#)

This is a level 1 course that will help you develop your skills in using technology in everyday life. Once you are finished the course you can print out a Certificate of completion from NALA.

This [video](#) will guide you on how to get started.

Level 2 Using Technology [Courses \(nala.ie\)](#)

This is a level 2 course that will help you to recognise how technology is used in everyday life. Once you are finished the course you can take an assessment to achieve a level 2 Minor Award Certificate in Using Technology from Quality and Qualifications Ireland (QQI). This [video](#) will guide you on how to get started.

To find out more about the QQI award see [Award Specification for Level 2 Using Technology](#).

Dublin Business School

[Resources - Digital Literacy Guide - LibGuides at Dublin Business School \(dbs.ie\)](#)

Age Action

[Getting Started KIT | Age Action](#)

[Beginners Computer and Smartphone Training | Age Action](#)

How to Use Zoom on Your Smartphone and Laptop [15327 ageaction zoom v2 final.pdf](#)

Zoom

Using Zoom Guides on YouTube [Zoom - YouTube](#)

Webwise

Online Safety Skills [Digital Literacy Skills: Online Safety - \(webwise.ie\)](#)