

Sustainable Relationships and Conflict Resolution II

The focus within this call will be on language and communication – in both building sustainable relationships and dealing with conflict as and when it occurs.

- Why and how are language and communication skills so important in building sustainable relationships and dealing with conflict?
- What do we need to communicate?
- How do we communicate it effectively?
- How do we make what we communicate constructive?
- How can language and communication skills help us navigate through conflict in better ways and avoid adding to the conflict and also offer a possible pathway forward?
- And more...

17 September 2020
7.30-9 PM(BST/Irish time)

Curious! Then why not join us for this free 90 minutes Zoom facilitated conversation with two experienced Mediators and Restorative Practitioners:
Letitia Stenning and Tony Kearney

Still curious? Then join us!...

Tony Kearney



Tony was born and grew up in New Zealand where he qualified as a solicitor. He then practiced as a solicitor for nearly 25 years in the UK and moved to Ireland in 2006 and now works as a combination of Mediator, Restorative Practitioner, Trainer, Educator, Author and Farmer. He summarizes his work in all these areas as being about building sustainable relationships into the future at all levels from our relationships with nature and the environment to our relationships with each other and strategies to apply if and when they end up in conflict. His books are: Who Owns the Future?, Boo!, How to be the Best Person in the World, Open Up Your Heart and Let the Sunshine in, The Tao Of Awe. His secret aim in life however is one day to maybe be half as cool as Letitia is!

Letitia Stenning



Letitia was born in Sierra Leone and grew up in London. She's been a mediator since 2001, has worked in community, workplace, special educational needs and disability and inter-generational contexts and is a Restorative Justice Practitioner. Following the death of her husband in 2004, her love of dancing led to a new relationship in 2007 with another Kiwi and introduction to festivalling, leading to a trip to the US in 2017 for the Oregon Eclipse and Burning Man festivals. Letitia in previous lives has been a teacher, head of education HR for two Local Authorities and AD Training and Development for a national charity. Tony and Letitia have become a great double act since the Great Debate of 2019 at London Mediators' Day with Letitia firmly in role of 'straight guy' and wishing she was half (oh ok then, (5/8) as funny as Tony!

Email: letitia@stenninguk.com/tony.kearney6@gmail.com and we'll send you a Join Link later.