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# Sonas have some fantastic summer events coming up - book now!

Submitted by [paul.meade](#) [1] on 12 June 2017 - 8:15pm

*Sonas have some fantastic summer events coming up - book now!*

## Gardening the Dementia Friendly Way Workshop

*Delivered by the award-winning Bloom Dementia Friendly Garden Team!*

**Thursday June 15th, 2017**

**Location:** The Green Kitchen Cafe & Garden Centre

**Time:** 2:00 - 4:30pm

**Price:** €20 per person

Places limited!

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[https://www.wheel.ie/sites/default/files/download%20\(1\).jpeg](https://www.wheel.ie/sites/default/files/download%20(1).jpeg)

This workshop gives practical guidance on how to support people with dementia to enjoy the therapeutic benefits of the outdoors. It is suitable for all of those who care for people with dementia, whether in the family home or a residential care setting. The dementia friendly garden tools showcased by Newtown Saunders Ltd at the Bloom Dementia Friendly Garden will also be available for viewing at the workshop.

We are delighted to be partnering with the Green Kitchen Café & Garden Centre, which is part of WALK (Walkinstown Association for People with Intellectual Disabilities), for the workshop. WALK provides residential and community inclusion services to people with disabilities.

## *Summertime Series*

### Afternoon of connection and creativity in Rathfarnham Castle

*For family carers/care staff and people with dementia*

**Wednesday July 12th, 2017**

**Location:** Rathfarnham Castle

**Time:** 2:00 - 4:30pm

**Price:** €25 per person

Places limited!

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[https://www.wheel.ie/sites/default/files/download%20\(2\).jpeg](https://www.wheel.ie/sites/default/files/download%20(2).jpeg)

Join us for an engaging afternoon at the beautiful 16th Century Rathfarnham Castle.

The event provides people living with dementia and their families with an opportunity to take part in a relaxing afternoon of music and activity in a safe environment. Activities will be led by of Engaging Activities, and will include sensory enrichment and memory-based activities.

[Book online here >>](#) [2]

Call Dara at 01 260 8138

or email [events@sonasapc.ie](mailto:events@sonasapc.ie) [3]

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The Wheel is compliant with the Code of Practice for Good Governance of Community, Voluntary and Charitable Organisations in Ireland.

[www.governancecode.ie](http://www.governancecode.ie)

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